MMA REFEREE AND JUDGE TRAINING OUTLINE
(Effective Date 10/29/2009)

Qualifications FOR TRAINER must include as a minimum:

A) 5 years professional MMA refereeing experience
B) Proof of proficiency in submission grappling
C) Proof of working knowledge of boxing, muay thai, judo and wrestling
D) Provide full resume
E) Provide any past teaching experience
F) Ability to present instructional material to a wide range of individuals with varying educational backgrounds
G) Proof of basic knowledge of combative sports medical injuries such as concussions, lacerations, orthopedics, communicable diseases and choke holds

The course material must include as a minimum:

1- Ethics
   - Code of Conduct
   - Conflicts of Interest
   - Handling Media Issues
   - Socializing with Fighters

2 - Referee’s Appearance

3 - Pre-Fight Duties
   - Rules Meeting
   - Meeting the Fighters
   - Cage or Ring Inspection
   - Proper Handwraps
   - Gloves
   - Safety Equipment such as mouthpiece and groin protection
   - Proper Fighter Appearance-hair, nails, wraps, pads, shorts, Vaseline
   - Coordination with ringside physician and EMT’s
   - Keeping control of the cage and the fighters separated pre bout

4 - The Role of the Referee during the Contest - health, safety, control and fairness

5 - Cage or Ring Cleanliness and Excess Water or Blood

6 - Handling the Corner persons
   - Identify Chief Second
   - Corner interference
   - Dealing with an irate corner after a stoppage

7 - In Between Rounds
   - Checking the fighters
   - Collecting the scores
   - Checking the fighting area

8 - During the Bout
   - The issue of touching gloves
   - The differences between a cage or ring i.e. restarts, re-creates, the ropes
   - Proper positioning
   - Proper voice commands
   - Accidental foul procedures
   - Intentional foul procedures
   - Deducting points and disqualification
   - Replacing the mouthpiece
   - Dealing with lacerations
• Lost contact lens, glove or safety equipment malfunction
• Technical emergencies such as lighting failures, cage door malfunction, etc
• How to handle a fighter who falls out of the ring
• How to utilize the ringside physician
• How to utilize the corner inspector
• When to re-stand the fighters
• When to separate standing fighters in a clinch
• Where to restart the fight after a temporary stoppage
• Handling a fighter in a submission hold who isn't tapping
• What is intelligently defending yourself?
• Stopping the contest
• Handling an unconscious or injured fighter

9 - Review of the Unified Rules
• Include detailed review of all fouls

10 - Techniques
• Review of Boxing, Muay Thai, Wrestling, Judo and Jiu-Jitsu maneuvers
• Emphasis on submission attempts and how to advance to a position to finish the fight
• What is an active, threatening guard?

MMA JUDGE TRAINING OUTLINE

Qualifications FOR TRAINEE must include as a minimum:

A) 5 years professional MMA judging experience
B) Must possess adequate knowledge to recognize and describe various holds, throws, take downs & submission techniques
C) Must be able to present instructional material to a wide range of individuals with varying educational backgrounds
D) Provide full resume
E) Provide any prior teaching experience

The course material must include but not be limited to:

1- Ethics
• Code of Conduct
• Conflicts of Interest
• Dealing with the media
• Socializing with others at the venue
• Discussing the scoring of fights with others

2 - Proper Appearance

3 - Review of the Unified Rules Judging Criteria

4 - Review of Boxing, Muay Thai, Wrestling, Judo and Jiu-Jitsu
• Emphasis on submission attempts and how to advance to a position to finish the fight

5 - Scoring issues
• The 10-10 Round
• What is a 10-8 Round
• How to account for a point deduction
• What to do with an incomplete round
• Identifying each contestant on the scorecard by corner, name, and trunks or appearance
• Accounting for the impact of heavy strikes
• Does defense score points?
• What is an active, threatening guard?
• Scoring points while on your back
• What is effective aggressiveness?
• What is fighting area control?
• Which fighter is imposing their will? i.e. striker vs. grappler, dictating pace and position
• Discuss rear mount
• Discuss side mount
• Passing the guard
• What is the impact of a submission attempt that does not finish the fight
• Does it matter which fighter looks fresher and isn't cut or swollen at the end of the fight

6 - Concentration
• Handling a loud crowd
• Dealing with a hometown favorite
• How to break down a five minute round

7 - The referee
• What if I see a foul that the referee did not call
• What if I don't think it was a foul, but the referee called it
• What if I thought the slip that the referee called was a knockdown